

WDGS= WHAT DID GOD SAY!

JANUARY 2026 Newsletter

Jumping into January



What does JANUARY symbolize spiritually?

The spiritual meaning for the month of January symbolizes new beginnings, transitions, and inner reflection, named for the two-faced Roman god Janus, looking to past and future for renewal, while inviting deep rest, setting intentions, and conscious growth as a gateway to evolving one's purpose. It's a time of inner gestation, connecting to deeper roots, and consciously stepping into new phases with purpose, often linked to themes of healing, discipline, and future vision.

**Here's a more detailed look at why January is seen as a month of
Jumping:**

- **Beginnings & Transitions:** The name comes from Janus, god of doorways, making it a powerful time for fresh starts, resetting, and moving forward.
- **Reflection & Intention:** It's a spiritual gateway for reflecting on the past year and setting intentions for growth, transformation, and living authentically.

- **Inner Work:** A time for deep self-care, rest, journaling, and listening to the soul, as nature slows down, preparing for future growth.
- **Rejuvenation:** A collective energy to release past burdens and embrace possibilities, moving from mere goal-setting to evolving one's highest self.

Cultural & Astrological Links

- Christianity: Celebrates the Holy Name of Jesus, the Presentation in the Temple, and anticipates Jesus's baptism.
- Hinduism: Marks festivals like [Makara Sankranti](#), a harvest festival dedicated to the sun god.
- Astrology: Aligns with [Capricorn's discipline](#) (earth, roots) and [Aquarius's foresight](#) (air, vision), emphasizing grounding and future focus.

In essence, January is a rich spiritual period for life's lessons, appreciating beauty in decay, and finding deeper meaning in life's constant changes.

♥ January Spotlight: Offensive ~
Opportune ~ Openness

Renewal & Discernment = A Fresh Start

Seeing Clearly, Moving Wisely

January is universally a month of **new beginnings**, fresh decisions, and renewed focus. It's the season where many people reset routines, realign priorities, and reclaim peace. After the holidays, life gets quiet enough to hear what's real again.

January is not just a new month, it's a new opportunity to walk in **wisdom**, move with **intention**, and set the tone for the entire year.

At WDGS, January is about learning to see **clearly without fear**, respond wisely without reaction, and move forward with **spiritual maturity, emotional stability, and faith-filled clarity**.

Offensive: Protecting Peace Without Losing Power

Being offensive isn't about being harsh, it's about being **proactive**. It means guarding your peace, setting healthy boundaries, and refusing to allow negativity, confusion, or disrespect to take root especially at the beginning of a new year.

This month, consider:

What drains your energy unnecessarily?

Where do you need stronger boundaries?

How can you respond with wisdom instead of emotion?

An intentional offense is simply choosing clarity over chaos and peace over provocation.

Opportune: Recognizing the Right Time

Opportunities don't always announce themselves loudly. Often, they show up quietly, disguised as timing, conversations, divine nudges, or sudden clarity.

January invites you to:

Pay attention to patterns and repeated thoughts

Recognize doors opening without force

Move when the moment is right, not rushed,

An opportune moment requires discernment and courage **not delayed**. When timing aligns with peace, it's often met with confirmation.

Openness: Staying Teachable and Tender

Openness is a strength, not a vulnerability. A closed heart can't receive wise wisdom, divine directions, or be granted the spiritual gifts to grow. January is the perfect month to remain open to what God wants to improve, restore, and renew in your life.

This month, practice openness by:

Listening without always dictating defensiveness

Learning without being pushy extending pride

Allowing room for God to adjust your perspective is the key to purpose

Openness in our hearts helps keep our spirit flexible and our purpose accessible. Growth flows best through an open vessel with an open heart.

✨ WDGs JANUARY Reflection

Discernment guards you.

Timing positions you.

Openness grows you.

Let January be the month you observe carefully, move intentionally, and remain open to what God is revealing. Renewal isn't about pressure, it's about wisdom and alignment.

Thank you for walking this journey with us.

Purpose, Plan & Prosperity is lived with clarity.

WDGS | What Did God Say? ❄️ ✨

WDGS~Scripture & Prayer for JANUARY

Scripture ~ Psalm 119:66 (KJV)

“Teach me good judgment and knowledge: for I have believed thy commandments.”

Theme: Discernment, Wisdom, and Spiritual Clarity

January is the beginning of a new year and what better way to start than asking God to train our minds to be transformed and sharpen our spiritual judgment.

This scripture is a humble request for the Lord to strengthen our ability to choose wisely not just to know what's right, but to walk in it consistently.

WDGS | January Prayer

Gracious Heavenly Father,

As we step into the month of January and the beginning of a new year, we pause to seek Your wisdom above all else. We acknowledge that without You, even our best intentions can fall short but with You, every step can be ordered and secure.

Lord, sharpen our discernment.


Give us eyes to see clearly, ears to hear truth, and hearts that are sensitive to Your voice. Remove distractions that cloud our judgment and silence anything that pulls us away from Your will.

Where decisions must be made, grant us peace.

Where doors must be closed, give us courage.

Where new paths are unfolding, give us confidence to walk in obedience without fear. Help us to reflect, not react. To choose wisdom, not haste. To trust Your timing, even when answers are still forming.

Let January be a month of **renewal**, spiritual alignment, sound judgment, and a fresh commitment to live with purpose and integrity. We submit our plans, our thoughts, and our future into Your capable hands.

In Jesus Christ's name, we pray, Amen. 

✨ WDGS Reflection for January:

Discernment isn't about knowing everything, it's about trusting the One who does. 💖

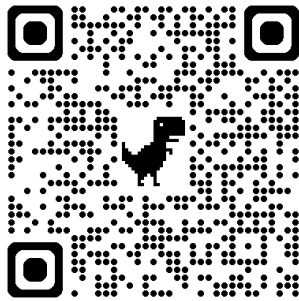
✓ *"Start Strong: Wisdom for the New Year"*

✓ *"January Reset: Peace, Purpose & Perspective"*

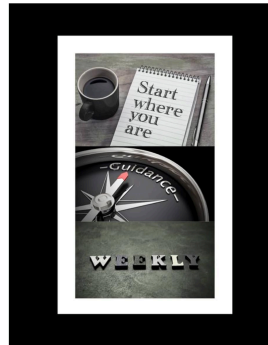
✓ *"New Year. New Focus. Same God."*

✨ Do you have a Specific Prayer Requests: Please contact us by calling the number on WDGS website under FREE SERVICES or scan the QR code below 📲 to schedule a one-on-one prayer.

If you like to order our new Journal, which is cultivated and created with the convenience to only write once a week as opposed to bogged down with writing daily.. This engaging journal will last for 52 weeks a full year.



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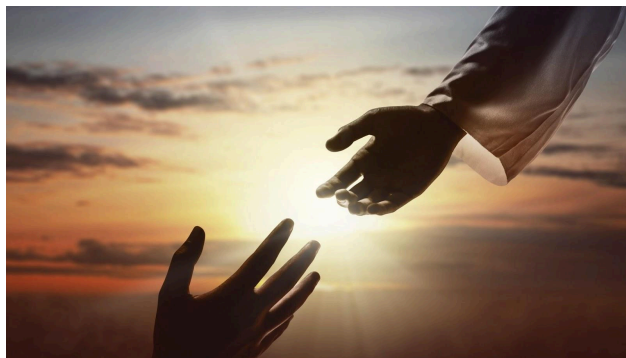
[God's Footprint Weekly~Yearly Journal](#)

WDGS Volunteers are Free Connections?



WE ABSOLUTELY LOVE WORKING WITH OUR CUSTOMERS, CONTRIBUTORS, SPIRITUAL LEADERS, MEMBERS & MORE!

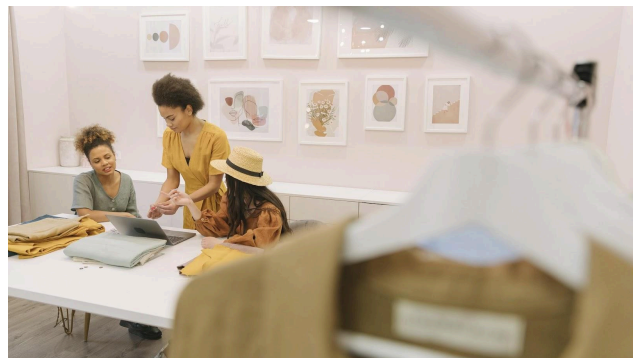
Coming Up Events



WORKSHOP

40 Day Journey with JESUS
[FIND OUT MORE](#)

Free Resource



**LEARN HOW TO DO
YOURSELF**

How to publish your book for free
[INSTANT DOWNLOAD](#)

Want to become a part of our Teamwork?

HAVE ANY QUESTIONS ABOUT COACHING WITH US?

You can get involved today by becoming a Volunteer Coach? Simply call to sign up and you will be connecting with a group of mind changers. We are striving to build a network strong enough to impact positive changes in the lives of others that will ALWAYS create a positive affect on lives for the better.

LET'S CHAT call 757-217-6431 or

PLEASE VISIT OUR WEBSITE: WDGS.ORG

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From the Desk of, WDGS FOUNDER & MANAGER

Hi my name is Alfreda, after I became unemployed in 2014, I elected to pursue my divine passion and became a Licensed Ordained Minister. I grew up in a committed spiritually Faith-Based environment that has always provided me with a spiritual sensibility towards having a passion to share the good news of the Gospel. No matter what giants I faced and mountains that I had to climb through life, I somehow seemed to find myself motivated through providing personal coaching by sharing tools and tips to assist others based upon my professional skills as well as Personal and Spiritual knowledge. Through a determined desire to create social innovation, community development and people empowerment from what I believe is my predestine passion WDGS was officially birthed in 2014 and became certified via the IRS as a Non-profit 501(c)3 Organization in 2017, as of 2020 the acronym WDGS became a United States Registered Trademark.



The Founder Featured Book is now available on AMAZON
"21 Ways in 21 Days 2B More Wonderful"

Click on Link → [21 Ways in 21 Days...](#) to ORDER

