WDGS= WHAT DID GOD SAY!

FEBRUARY 2026 Newsletter

February is about Feelings, Faith & Flowing

What does FEBRUARY symbolize spiritually?

The spiritual meaning for the month of October ber symbolizes change, transition, harvest, and reflection on mortality and transition. Spiritually, February is a month of purification, atonement, and transition, stemming from the Roman festival of Februa meaning "to cleanse," involving ritual washing, honoring ancestors, and spiritual sacrifice before the new year. It's a time for self-reflection, clearing old energies, preparing for spring's renewal, and focusing on themes of love and self-kindness, bridging the deep winter with the promise of new life, while also connecting to concepts of death and the underworld in ancient traditions.

A Time Of Purification. The name February comes for the Latin word, februare, meaning "to make pure."

Key Spiritual Themes

- Purification & Cleansing: The core meaning comes from Roman rituals (Februalia) to spiritually cleanse oneself and the land, using objects like cypress branches for purification rites and incense.
- Honoring the Dead & Underworld: Linked to the god Februus, this month was for honoring ancestors and atoning for wrongs, a pause to face mortality and loss.
- Transition & Renewal: As the end of winter, it's a liminal space where the earth prepares to rebirth, symbolizing the letting go of old cycles and the quiet beginnings of spring.
- Love & Compassion: Modern interpretations link it to self-love, kindness, and care, often through practices like setting intentions and releasing negativity.

Cultural & Symbolic Connections

- Imbolc/Candlemas: Marks the halfway point between winter solstice and spring, a Celtic festival of light and purification.
- Celtic Traditions: The ash tree symbolizes February, representing hardy renewal and protection.
- Islamic Traditions: May contain significant holy nights like Shab-e Barat (Night of Forgiveness) or be the period for Ramadan, focusing on piety and self-discipline.

In essence, February's spiritual meaning centers on cleansing the old to welcome the new, a deep dive into reflection, atonement, and the quiet stirrings of life flowing by returning to the divine love from above.

💗✨February Spotlight: FEELINGS ~ FAITH ~ FLOWING

Showing LOVE & KINDNESS

💗 Love & Kindness = Heart Alignment

Living Soft, Strong, and Spirit-Led

February is universally known as the month of **love**, but at WDGS we go deeper than romance. This month is about **love as a lifestyle**—love that heals, corrects, restores, and covers. It's also a month to practice **kindness with intention**, because kindness is love in action.

February reminds us that love is not only something we receive it's something we **give freely**, even when emotions fluctuate and life feels uncertain.

At WDGS, February is about honoring your feelings without letting them lead you, strengthening your faith to stay grounded, and flowing in love and kindness as a reflection of God's character.

💭 FEELINGS: Understanding Your Heart Without Losing Your Peace

Feelings are real but they are not always reliable. They can change with circumstances, stress, misunderstanding, or past wounds. February is the perfect month to check your heart and ask God to heal what's heavy.

This month, consider:

What emotions have I been carrying silently that needs fixing once and for all?

Where do I need healing so I don't keep reacting year after year from the same pain?

How can I express myself with love instead of frustration?

Feelings should be acknowledged and not ignored but in order to do so, they must be surrendered unto God and allow Him to heal you so your emotions don't become your enmity; in all your decisions and distractions.

🙏🏾 FAITH: Choosing Love Even When It's Not Easy

Faith isn't only believing God for what is not seen but hoped for. Faith is like having miracles at your finger tips to also believe God can help you and heal you to **love people**, even when it seems hard to do. February is a month to let faith lead your attitude with gratitude, your words with wisdom, and your responses with respect.

February invites you to:

Trust God to soften your heart without weakening your boundaries

Believe that love is still powerful even in a cold world

Respond in kindness even when you could respond in offense

Faith produces maturity. And maturity chooses love as the greatest commandment over every purpose. **"LOVE NEVER FAILS!" 1 Corinthians 13:8**

🌊 FLOWING: Letting Love Move Through You Freely

Flowing means you're not blocked by bitterness, pride, or fear. Love and kindness must flow because what doesn't flow becomes stuck, and what becomes stuck turns heavy.

This month, practice flowing by:

Being kind without needing credit

Giving love without keeping score

Receiving love without feeling undeserving

When love flows, healing happens. When kindness flows, hearts open. And when God's love flows through you, your life becomes a living ministry.

WDGS~Scripture & Prayer for FEBRUARY

Monthly Scripture "Through love and kindness have I drawn thee."

(A beautiful reminder that God draws us closer to Him and not through fear, shame, or force but through love and kindness.)

Jeremiah 31:3: "The LORD hath appeared of old unto me, saying, Yea, I have loved thee with an everlasting love: therefore with lovingkindness have I drawn thee"

WDGS | February Prayer 🛐

Father God,
We thank You for the gift of February, a season that reminds us to return to love, to walk in kindness, and to live with soft hearts and strong faith. Thank You for showing us that **through love and kindness You have drawn us**, healed us, and kept us.

Lord, help us to give love freely and purely.
Teach us how to love with wisdom, with patience, and with sincerity. Remove every wall in us that blocks love, every wound, disappointment, betrayal, or bitterness that tries to harden our hearts.

Father, we also ask You to teach us how to **receive love and kindness**.
Heal any place in us that feels unworthy, guarded, or afraid to be cared for. Let us recognize that love is not weakness, love is strength. Kindness is not small—kindness is power.

Help us to be mindful of our feelings, but led by faith.
Let us speak words that heal and not harm. Let our actions reflect Your goodness. Make us vessels of compassion in our homes, our communities, and everywhere our feet step.And Lord, for anyone who feels unloved, unseen, rejected, or forgotten, wrap them in Your presence today. Let them encounter divine love that restores, revives, and renews. We declare that February will be a month of loving well, living kind, and flowing freely, because Your Spirit is flowing through us.

In Jesus Christ's Name, Amen. 🛐💗

✨ **WDGS Reflection for February:**
Love is how God draws us and kindness is how we reflect His light. 🤍💗✨

✨ WDGS FEBRUARY Reflection

Feelings are real but faith is stronger.
Faith keeps you steady so love can keep flowing.
When love flows, kindness follows.

Let February be the month you show love with intention, receive kindness without guilt, and allow God to heal what blocks the flow.

Thank you for walking this journey with us.
Purpose & Plan for Prosperity; lived through love.
WDGS | What Did God Say? 💗✨

✅ Create: a **February "Love & Kindness Challenge" (7 days or 14 days)** ✨💌🛐

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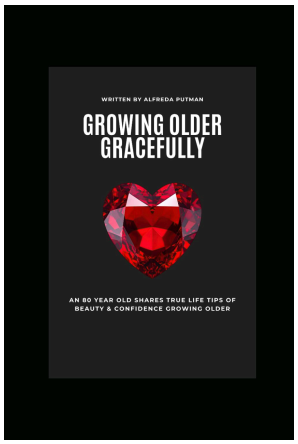
https://www.amazon.co[Click Here to Order for $10]



🌿✨ **Growing Old Gracefully: Simple Beauty Secrets from an 80-Year-Young Woman: This book** is a heartfelt collection of wisdom, beauty practices, and spiritual insights gathered from the life of Mrs. Ruby Samuel Thornton, a woman whose radiance comes not from expensive rituals, but from a lifetime of faith, resilience, and simple self-care. Through 40 intimate questions and answers, Mrs. Ruby shares her beauty tips: This book is more than beauty advice; it is a devotional companion, a legacy of lived experience, and a tender reminder that aging is one of God's greatest gifts. Whether you are in your 30s or your 80s, these pages will inspire you to care for yourself from the inside out. May every woman who opens this book find encouragement, hope, and the gentle confidence to love who she is becoming.

Our February Love ✨💌 Monthly Feature

Mrs. Ruby Virginia Thorton of Virginia

Mrs. Ruby Thorton: A Journey of Faith and Resilience 🌿💛

✨ Mrs. Ruby Virginia Thornton is a shining example of what it means to grow older with grace, faith, and timeless beauty from the inside out. With a gentle spirit, a joyful heart, and a life rooted in service, she reflects the love of God in every interaction, whether through a kind word, a warm smile, or her steady presence of elegance and grace.

A faithful servant of the Lord, Mrs. Ruby served as a deacon in her church for over 40 years, dedicating her life to ministry, devotion, and uplifting others through steadfast commitment, once as a traveling gospel group singer and displaying spiritual leadership in various areas in and out of the church. Her life has been marked by humility, wisdom, and a deep trust in God's guidance.

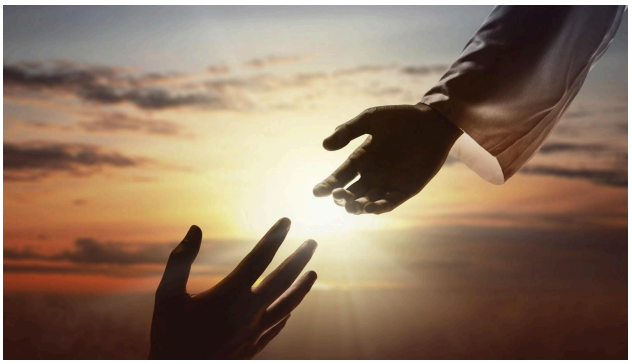
In addition to her service in the church, Mrs. Ruby also contributed in the area of education, demonstrating her heart for learning and supporting others along their journey. Her story is one of resilience and purpose, reminding us that true beauty is not just what we see, it is also the peace we carry, the faith we live by, and the love we give away.

Mrs. Ruby is the featured voice behind the inspiring book project ***Growing Old Gracefully*****,** a collection of simple beauty secrets and life lessons from an 80-year-young woman who proves that elegance never fades when it is anchored in God. She is truly a loving, kind, and dedicated vessel, one whose life continues to bless everyone she encounters.

WDGS Volunteers are Free Connections?

WE ABSOLUTELY LOVE WORKING WITH OUR CUSTOMERS, CONTRIBUTORS, SPIRITUAL LEADERS, MEMBERS & MORE!

Coming Up Events



WORKSHOP

40 Day Journey with JESUS

FIND OUT MORE

Free Resource

LEARN HOW TO DO YOURSELF

How to publish your book for free

INSTANT DOWNLOAD

Want to become a part of our Teamwork?

HAVE ANY QUESTIONS ABOUT COACHING WITH US?

You can get involved today by becoming a Volunteer Coach? Simply call to sign up and you will be connecting with a group of mind changers. We are striving to build a network strong enough to impact positive changes in the lives of others that will ALWAYS create a positive affect on lives for the better.

LET'S CHAT call 757-217-6431 or

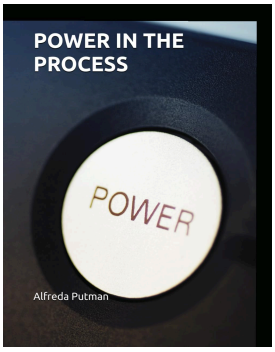
PLEASE VISIT OUR WEBSITE: WDGS.ORG

wdgs1000@gmail.com | wdgsguest@gmail.com

From the Desk of, WDGS FOUNDER & MANAGER

Hi my name is Alfreda, after I became unemployed in 2014, I elected to pursue my divine passion and became a Licensed Ordained Minister. I grew up in a committed spiritually Faith-Based environment that has always provided me with a spiritual sensibility towards having a passion to share the good news of the Gospel. No matter what giants I faced and mountains that I had to climb through life, I somehow seemed to find myself motivated through providing personal coaching by sharing tools and tips to assist others based upon my professional skills as well as Personal and Spiritual knowledge. Through a determined desire to create social innovation, community development and people empowerment from what I believe is my predestine passion WDGS was officially birthed in 2014 and became certified via the IRS as a Non-profit 501(c)3 Organization in 2017, as of 2020 the acronym WDGS became a United States Registered Trademark.

The Founder Featured Book this month is available on AMAZON "POWER in the PROCESS"



To order Click on Link➡️ POWER in the PROCESS