

WDGS= WHAT DID GOD SAY!

SEPTEMBER 2026 Newsletter

September is the 9th Month = BEGINNING & ENDING A CYCLE!

BE DISASTER AWARE



TAKE ACTION TO PREPARE



AMERICA'S
DisasterAction!



What does September symbolize spiritually?

The spiritual meaning of September represents transition, harvest, reflection, preparation, and change. As the ninth month of the year, September brings us to a meaningful point in our yearly journey. Summer begins giving way to autumn, routines become more structured, students return to school, and nature itself begins showing us that one season is preparing to end and make room for another season to begin.

Spiritually, September reminds us that every season of life requires **strength**, presents opportunities for **service**, and carries a purpose of its own. Some seasons are for planting, some for growing, some for harvesting, and others for resting and preparing. Through them all, God remains faithful.

September also brings moments of national recognition and remembrance. **Labor Day** honors the contributions of workers, while **September 11** calls us to remember lives lost, extraordinary sacrifice, courageous service, and the strength demonstrated by individuals, families, first responders, and communities.

Historical and Calendar Roots

Name Meaning: September comes from the Latin word *septem*, meaning “seven,” because September was originally the seventh month of the ancient Roman calendar.

Calendar Transition: When January and February were later positioned at the beginning of the calendar year, September became the ninth month while retaining its original name.

Seasonal Change: September marks the transition from summer toward autumn in the Northern Hemisphere. The autumnal equinox occurs during September, bringing nearly equal periods of daylight and darkness.

Harvest and Labor: Historically, September has been associated with harvesting, gathering, preparation, and recognizing the results of work performed during previous seasons.

Cultural and Religious Significance

Labor Day: Observed on the first Monday in September in the United States, Labor Day recognizes the contributions and achievements of American workers.

September 11 Remembrance: Patriot Day provides a solemn opportunity to remember those who lost their lives on September 11, 2001, while honoring first responders, service members, survivors, families, and ordinary citizens whose courage and service were demonstrated during and after the tragedy.

Back-to-School Season: September traditionally represents learning, structure, preparation, schedules, and establishing new routines for students and families.

Beginning of Autumn: September ushers in a visible change of season, reminding us that change can occur gradually and that every season serves a purpose.

In essence, September is a meaningful time to recognize our strength, appreciate the value of service, and embrace the season God has allowed us to enter.

September Words: Strength~Service~Season

Strength & Endurance Marks ~ Perseverance

Standing Strong Through Every Season

September reminds us that strength is not measured only by what we can lift or how much we can accomplish. Some of life's greatest demonstrations of strength happen quietly, in perseverance, patience, faith, courage, and simply refusing to give up. As we remember the labor of workers, the sacrifices associated with September 11, and our own personal journeys, September gives us an opportunity to recognize the strength required to endure difficult seasons while continuing to move forward.

At WDGS, September is about finding strength through faith, demonstrating love through service, and trusting God through every season.

Strength: Standing When Life Gets Difficult

Strength is often developed through experiences we never expected to encounter. Difficult seasons can stretch our faith, challenge our confidence, and require us to depend upon God in ways we may never have needed before.

This month, consider:

- Where do you need God's strength in your life?
- What have you already overcome that reminds you of how far God has brought you?
- How can you strengthen your faith while facing your present circumstances?

Being strong does not mean pretending everything is easy. **True strength is knowing where your strength comes from when your own strength is not enough.**



Service: Make a Difference Through What You Give

Service is one of the greatest ways we demonstrate love toward one another. It reminds us that our gifts, talents, knowledge, time, experiences, and resources were never intended solely for ourselves.

September invites you to:

- Appreciate those whose work and service make your life better.
- Recognize opportunities to serve without seeking recognition.
- Encourage someone who may be carrying a heavy load.
- Use something God has given you to assist someone else.

Service does not always require money, a title, or a position. Sometimes service is a phone call, a listening ear, transportation, a meal, encouragement, prayer, information, or simply showing up when someone needs you.

When we serve one another with love, even ordinary actions can have extraordinary impact.



Season: Embracing Where God Has You

Seasons change and so do our lives. September beautifully demonstrates this truth as summer begins to surrender to autumn. The temperature changes, daylight shifts, leaves eventually begin turning, routines change, and nature prepares for what comes next.

Our lives also have seasons. There are seasons of:

- Growth and learning.
- Planting and preparation.
- Waiting and trusting.
- Harvest and celebration.
- Change and transition.

Don't become so focused on what is next that you overlook what God may be teaching you **now**. Every season may not feel good, but every season can produce something good when we allow God to use it.

✨ WDGs September Reflection

- ❖ Strength sustains you.
- ❖ Service connects you.
- ❖ Season develops you.

Let September be the month you recognize the strength God has given you, find meaningful ways to serve others, and embrace the season you're presently walking through.

Don't rush the season. Don't resent the season. Ask God for wisdom to understand what this season requires of you.

Thank you for walking this journey with us in the month of September.

May Purpose & Prosperity be your Portion as you walk faithfully through every season.

— WDGs | What Did God Say? 🍂



WDGS September ~Scripture & Prayer

Scripture ~ Ecclesiastes 3:1 (KJV)

“To every thing there is a season, and a time to every purpose under the heaven:”

Theme: Strength, Service, and Seasons of Purpose

September reminds us that every season has an appointed time and purpose. Some seasons require greater strength. Some call us into greater service. Others require patience while God prepares us for what comes next.

Ecclesiastes reminds us that our lives do not unfold randomly. As seasons change around us, we can trust God to provide the strength, wisdom, and direction necessary for the season before us.

WDGS | September Prayer

Gracious Heavenly Father,

As we enter the month of September, we thank You for bringing us through another month and allowing us to experience the beginning of another season.

Lord, give us **strength**. Strengthen us when responsibilities become heavy. Strengthen our faith when circumstances are uncertain. Strengthen our hearts when disappointment comes, and remind us that we never have to depend upon our abilities alone.

Lord, give us hearts of **service**. Teach us to recognize the needs around us. Show us how to use our time, talents, experiences, resources, and compassion to be a blessing to others. May we never become so consumed with ourselves that we overlook an opportunity to demonstrate Your love.

Lord, give us wisdom for this **season**. Help us understand what You are teaching us, what You are developing within us, and what You may be preparing us to do. Give us patience when we must wait, courage when we must move, and discernment to recognize the difference.

During this month of remembrance, we pause to remember the lives lost on September 11, 2001. We pray for families who continue to carry those memories and honor the first responders, service members, survivors, and ordinary citizens who demonstrated extraordinary courage and service.

We also thank You for workers everywhere whose labor contributes to our families, communities, churches, businesses, organizations, and nation. Bless the work of our hands and remind us that honest service has value.

As summer transitions toward autumn, remind us that change does not mean You have changed. **You remain God in every season.**

Order our steps, strengthen our faith, guide our service, and prepare our hearts for everything this season holds.

We surrender our plans, our families, our responsibilities, our work, and our future into Your loving hands. **In Jesus Christ's mighty and miraculous name, we pray, Amen.** 🙏

✨ WDGS Reflection for September ❤️

Draw strength from God.

Give through service.

Trust Him in every season.

Seasons change, circumstances change, and people change but God remains faithful through them all.

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✨ Do you have a Specific Prayer Requests: Please contact us by calling the number on WDGS.org website under FREE SERVICES or scan the QR code below 📲 to schedule a one-on-one prayer or Bible Study.



(Click or Scan on QR code)

God's Footprint Weekly~Yearly Journal

Take a moment once a week to pause, reflect, and recognize God's footprints along your journey. This faith-based yearly journal offers a simple alternative to daily journaling, also giving you space to record your thoughts, prayers, blessings, and spiritual reflections one week at a time.

Reflect • Record • Remember how God has moved in your life. Please order your new Journal



available on AMAZON by clicking on the link below.

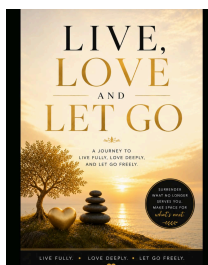
(click on the link  [God's Footprint Weekly~Yearly Journal](#))

From the Desk of, WDGS FOUNDER & MANAGER

Hi my name is Alfreda, after I became unemployed in 2014, I elected to pursue my divine passion and became a Licensed Ordained Minister. I grew up in a committed spiritually Faith-Based environment that has always provided me with a spiritual sensibility towards having a passion to share the good news of the Gospel. No matter what giants I faced and mountains that I had to climb through life, I somehow seemed to find myself motivated through providing personal coaching by sharing tools and tips to assist others based upon my professional skills as well as Personal and Spiritual knowledge. Through a determined desire to create social innovation, community development and people empowerment from what I believe is my predestined passion. WDGS was officially birthed in 2014 and became certified via the IRS as a Non-profit 501(c)3 Organization in 2017, as of 2020 the acronym WDGS has now become a United States Registered Trademark.



The Founder Featured Book is now available on AMAZON



Click on Link  [Live-Love & Let-Go](#) to Order

Hello, hello, hello, Fabulous Freda Here! 🍌💜 I would like to thank all my website readers for God grace that we made it to see the 9th Month. I love the idea of ending my newsletters with a "Signature Dish of the Month." Since WDGS September theme is **Renew • Release • Receive**, I would choose a meal that represents your **family, comfort, harvest, and gratitude**. THANKS AGAIN!!!

Fabulous Freda 9th Month Recommendation

WDGS Signature Dish for September

Apple-Cider Glazed Pork Chops

Served with Garlic Mashed Potatoes & Southern-Style Green Beans

WDGS Ministry~bringing people together around the world & table with faith, gratitude, and fellowship. 💜

WDGS SIGNATURE DISH FOR SEPTEMBER

Apple-Cider Glazed Pork Chops

SERVED WITH GARLIC MASHED POTATOES & SOUTHERN-STYLE GREEN BEANS



SCRIPTURE FOR THE RECIPE

Ecclesiastes 3:13 (KJV)
"And also that every man should eat and drink, and enjoy the good of all his labour, it is the gift of God."

WDGS KITCHEN CORNER

Apple-Cider Glazed Pork Chops

INGREDIENTS • 4 boneless or bone-in pork chops • 1 cup apple cider • 2 tablespoons brown sugar • 1 tablespoon Dijon mustard • 1 tablespoon butter • 1 teaspoon minced garlic • ½ teaspoon ground cinnamon • Salt and black pepper to taste • 1 tablespoon olive oil • 1 apple, thinly sliced	SIDE DISHES GARLIC MASHED POTATOES • Potatoes • Butter • Milk • Garlic • Salt and pepper SOUTHERN-STYLE GREEN BEANS • Fresh or canned green beans • Onion • Garlic • Seasonings of choice
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DIRECTIONS

1. Season the pork chops with salt and black pepper.
2. Heat olive oil in a skillet over medium heat.
3. Brown pork chops on both sides and remove temporarily from the skillet.
4. Add apple cider, brown sugar, Dijon mustard, garlic, butter, and cinnamon.
5. Stir gently and allow the glaze to begin reducing.
6. Add sliced apples.
7. Return pork chops to the skillet and cook until they reach a safe internal temperature of 145°F, followed by at least a three-minute rest.
8. Spoon the warm apple-cider glaze and apples over each pork chop.
9. Serve with garlic mashed potatoes and seasoned green beans.

DESSERT

Warm Apple Crisp
Serve alone or with a small scoop of vanilla ice cream.



BEVERAGE

Sparkling Apple Cider
or
Cinnamon-Apple Infused Water



WDGS KITCHEN REFLECTION

"Every season brings something different to the table. May September remind us to be thankful for the strength to labor, the heart to serve, and the wisdom to appreciate the season God has given us."



BLESS THIS MEAL

Heavenly Father, thank You for the food before us, the hands that prepared it, and the opportunity to gather together. Bless those who labor and those who serve. Give us strength for our responsibilities and grateful hearts for the season we are in. May this meal nourish our bodies and our fellowship nourish our spirits. In Jesus Christ's name, Amen.



WHY THIS MEAL?

-  September begins apple-harvest season in many areas.
-  Warm flavors begin transitioning the table from summer into fall.
-  Pork chops make a hearty centerpiece appropriate for a September family meal.
-  Apples provide a natural connection to harvest, changing seasons, and the arrival of autumn.
-  The meal fits beautifully with Strength • Service • Season—a comforting meal that can be served around the table while enjoying fellowship with others.



WDGS MINISTRY—BRINGING PEOPLE TOGETHER AROUND THE WORLD & TABLE WITH FAITH, GRATITUDE, AND FELLOWSHIP.